

## Before/ Lunch/ After school 2023 - 2024

### PE and Sports provision

Club	Year Group/s	Term/s	Number of children	Impact/Achievement Summary
Football	5 & 6	Aut 1	18	Taught by trained football coaches, the children were taught fundamental ball skills such as dribbling, passing and shooting. Sessions were very popular and well attended.
Dance	1 & 2	Aut 1	18	The club ran after-school with the 18 pupils. The pupils learnt a jungle-based dance to the Madagascar song 'I like to movement'. Pupils learnt how to co-ordinate their bodies to steps, to work together to make a full routine.
Gymnastics	3 & 4	Aut 1	17	The club ran before school for a select number of pupils. The children did a range of floor and apparatus to refine gymnastics techniques. These included vaults, cartwheels and making shapes with their bodies. Attendance was good, with a few children missing the odd morning session.
Girls football year 4.5 and 6.	4, 5 & 6	Aut 2	10	Taught by trained football coaches, the children were taught fundamental ball skills such as dribbling, passing and shooting. Sessions were very popular and well attended. The girls felt comfortable and confident learning them skills in a safe environment.
Dance	1 & 2	Aut 2	11	Children were taught dance techniques specific to different cultures. Children were taught a dance routine focusing of simple counts of 8.
Multi-sports	1 & 2	Spr1	15	With the AVFC coaches' pupils tried many different sports throughout the unit. Running and jumping – throwing and catching – and invasion games activities such as football and rugby. Pupils learnt at the basic level how these games are played, while learning the fundamental skills to compete in those activities.
Dance	3 & 4	Spr1	10	Pupils learnt a dance routine to the 'Ikko'. Pupils performed the routine, at Sutton Hall or the Astons got talent competition.
Football	KS2	Lunch club all year,	Various numbers attended throughout dinner times.	Work collectively as a team learning ball manipulation (dribbling, passing, defending and shooting). Pupil competed in lots of 1v1 2v2 and 3v3 games to help them develop their understanding on how football is played on the playground.
Dance	3/4	Spr2	18	Children were taught dance techniques specific to different cultures. Children were taught how to move their bodies rhythmically to music.
Girls football	5 & 6	Spr2	10	The children were taught fundamental ball skills such as dribbling, passing and shooting. In the later sessions, we moved into smaller sided games, learning the rules of football alongside, throw ins and corners, as the girls prepared to compete in 'The biggest ever girls football competition'. The girls felt comfortable and confident learning them skills in a safe environment and took their skills and applied them in the competition successfully.
Football Year 1 & 2	1 & 2	Spr2	18	The children were taught fundamental ball skills such as dribbling, passing and shooting.
Badminton (PP)	5 & 6	Spr2	18	This club was organised to target PP children, to offer them a different opportunity to learn a new sport. Pupils learnt how to hold a badminton racket and to complete a variety of shots, aiming into hoops and over the net.
Football (Lunch time)	KS2	Spr1/2	Various numbers attended throughout dinner times.	Work collectively as a team learning ball manipulation (dribbling, passing, defending and shooting). One vs one sort games took place to support pupils how to tackle, as this was a problem on the playground sessions happening at lunch time.
Dance	KS2	Spr2/Sum 1	19	Children were taught dance techniques specific to different cultures. Children were taught a dance routine in preparation for a school performance for children and parents. Pupils performed their amazing dance routine to parents, which was an incredible event.
Badminton (PP)	5 & 6	Sum 1	18	This club was organised to target PP children, to offer them a different opportunity to learn a new sport. Pupils learnt how to hold a badminton racket and to complete a variety of shots, aiming into hoops and over the net.
Girls football	5 & 6	Sum 1	10	The children were taught fundamental ball skills such as dribbling, passing and shooting. In the later sessions, we moved into smaller sided games, learning the rules of football alongside, throw ins and corners.



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Boys football Sum 2	5 & 6	Sum 2	12	The children were taught fundamental ball skills such as dribbling, passing and shooting. In the later sessions, we moved into smaller sided games, learning the rules of football alongside, throw ins and corners.
Basketball club (PP)	5 & 6	Sum 2	14	Pupils were taught the fundamentals of basketball dribbling, passing and shooting. Pupils were taught dribbling in the context of the sports rules (double dribble and travel). In addition, pupils learnt the variety of passing and the purpose of those passes in a game situation. Towards the end of the sessions, pupils involved themselves in small sided games.
Astons got talent after-school club	All years	Sum 2	20+	In the preparation for the Astons got Talent show, NM offered pupils the opportunity to attend an after-school clubs where they could develop their act through 1 to 1 feedback. This club ensured the pupils felt confident going into their performance, while ensuring the show ran smoothly.
Invasion games Year 3 and 4.	3 & 4	Sum 2	18	AVFC ran an invasion games club – here the pupils learnt the basics of football, basketball and handball. The sessions developed on team sports and how the rules of these games apply to what techniques the pupils can use for each sport. In this club, pupils learnt communication and team work skills.