Emotional Health & Well being

• At Lozells Primary School we take the Emotional Health and Well-being of our pupils seriously. Our pastoral manager is Stacey Mcintosh who can be contacted via the school office on 0121 523 7321.

• We are part of an NHS/government-funded pilot between schools and Forward Thinking Birmingham. We aim to develop links between parties which enable pupils to access the right support more effectively

• Direct access for pupils and their parents can be through the Forward Thinking Birmingham website: www.forwardthinkingbirmingham.org.uk or the Access Centre phone line: 0300 300 0099
How will my child be affected?

- Some children may benefit from help to cope better with how they think, feel and behave. This may help them to enjoy school and do better in their studies.

- If staff think your child is someone who would benefit from help, they may ask for advice from agencies. We would always ask for your consent before this happens.

- In addition to this, you may be offered a meeting with you and your child, to decide what would be helpful.
Useful websites

- Forward Thinking Birmingham  [www.forwardthinkingbirmingham.org.uk](http://www.forwardthinkingbirmingham.org.uk)
- Youth Well-being: [www.youthwellbeing.co.uk](http://www.youthwellbeing.co.uk)
- Mind Ed: [www.minded.org.uk](http://www.minded.org.uk)
- NHS Hub for Mental Heath: [www.nhs.uk](http://www.nhs.uk)
- Mind: [www.mind.org.uk](http://www.mind.org.uk)
- Anna Freud Centre: [www.annafreud.org](http://www.annafreud.org)
- Young Minds [www.youngminds.org.uk](http://www.youngminds.org.uk)